

NEWS & VIEWS



FACULTY COORDINATOR

Dr. Esther Sangster-Gormley

DIRECTOR

Miriam Curtis

STAFF

Emma Chalifour

Sandra Buyze

NEWSLETTER

Joy Knudsen

ADDRESS

UVIC Family Centre

39208- 2375 Lam Circle

Mailing Address:

P.O. Box 1700 STN CSC

Victoria, BC V8W 2Y2

PHONE: 250-472-4062

E-MAIL: familyc@uvic.ca

www.uvic.ca/familycentre/



Find us on Facebook

Family Centre Summer Camps

The Family Centre is excited to announce that we will be hosting two summer camps in the month of July. These camps are for kids entering Grades 1-7 in September. The camps will run Monday-Friday 1-3pm and there is no cost for attending.

Nature Camp – July 10th-14th
– Led by Molly Vermeulen

If your child loves to be outside as much as I do, exploring, creating, and learning, the Family Centre has the perfect summer camp. While taking advantage of our beautiful city and the weather the

camp will be running July 10th-14th and will be nature based. There will be activities like scavenger hunts, crafts, science projects, and group activities/relay races. We will cover a wide range of interests within the outdoors.



Art Camp – July 24th-28th – Led by Leah Hansen

Let your child explore their creative side at art camp! We will be painting, drawing and getting messy. Children are welcome to bring their own ideas, and we will also delve into projects that will spark their imagination. Every day will focus on a different medium and project!

If you are interested in your children attending one or both of the camps, please email the Family Centre at family@uvic.ca.

Family Centre Weekly Programs

Monday – Family Learn and Share	10:00am-12noon
Wednesday – Early Learning Program	1:30-3:00pm
Thursday – Drop-in playgroup	1:00-2:30pm
Thursday – After School Program	3:30-5:00pm
Friday – Early Learning Program	10:00am-12noon

In addition to weekly programs, the Family Centre is open Mondays 9-2pm; Wednesdays 9:30-3:00pm; Thursdays 1:00 - 5:00pm and Fridays 9:30 - 1:30pm. We also have monthly book clubs and special events. For more information please check out our Facebook page or contact us at familyc@uvic.ca.

Bangla School continues...

Being inspired by the popularity and success of our May sessions, we have decided to continue the Bangla School in June. We will meet every Sunday of June from 11.00 am to 1.p.m at the Family Centre. This time we will work on Bangla reading/writing as well as Bangla speaking. We welcome all our previous participants and anyone who wants to join this month. If you have any question please email Laila Yasmin (Moli) at lailairem22@gmail.com

Summer Farmers Markets

The season of Farmers Markets is now in full swing. We have an abundance to choose from here in Victoria. You can find information including dates, times, and addresses here:

<http://bcfarmsandfood.com/farms/farmers-markets/>



“Ramadan Mubarak” to all of our Muslim community here in Family Housing.

Ramadan

Hana Elfirjani

Ramadan is the ninth month in the Islamic calendar (moon Calendar). It is the holy month of fasting where all Muslims around the world are trying to do more good deeds such as prayer, fasting, charity-giving and self- accountability. During the holy period of Ramadan, Muslims fast from sunrise to sunset. Fasting during Ramadan is one of the five Pillars (fundamental religious duties) of Islam. It is a time of self- examination and increased religious devotion. The fast is broken after sunset with prayer and a meal called Iftar and it contains many kinds of foods, especially dates. Muslims broaden their compassion for the hungry and less fortunate people when they fast, and they should be more patient and self-controlled during the holy month of Ramadan. Special prayers known as Tarawih are held every night in the Mosque. Ramadan ends when the first crescent of the new moon is sighted. Eid-al-fiter is the Islamic holiday that marks the end of Ramadan. This year Ramadan started on Saturday, May 27th. Muslims congratulate each other at the beginning of Ramadan saying “Ramadan Mubarak” which means have a blessed Ramadan.

Safety Committee

Did you know that each area of campus has a safety committee? These committees work in partnership with Campus Security to discuss safety concerns and receive information relevant to the community they represent. Lam Circle has not had a safety committee in a number of years, but Campus Security are interested in partnering with family housing residents to recreate one. Are you interested in being a part of this? The committee could meet as often as once a month or just three or four times a year. It would be up to the committee to decide which issues they would like to seek to improve or perhaps areas they would like to have information on. Earthquake Preparedness? First Aid? Theft Reduction? If you are interested please email Emma at familyc@uvic.ca to find out more.

You're invited to a Barbeque!

Where: Uvic Family Centre

When: Saturday June 24th

Time: 1 - 4pm

For info : 250.472.4062

Facebook.com/UVicFamilyCentre



Join us at the Family Centre on Saturday June 24th from 1-4pm. The Family Centre will provide hot-dogs (meat and veggie) and drinks. We invite you to bring along a dish to share. To help lessen the impact on the environment please bring your own plates and cutlery.

Wednesday Early Learning Program

For the month of June, the Wednesday Early Learning program will continue to be held 1-2:30pm. However, please note that starting in July, the time will revert back to a morning program and will be held from 10 til noon.

Canada celebrates
Fathers Day this
month on Sunday
June 18th.

When to call Campus Security

Family housing is a unique neighbourhood, as you not only have access to police department services, but the services of a Campus Security department as well. This is a benefit, as police response times in emergency situations can vary, depending on their location, while Campus Security response time in an emergency can be as short as 2-3 minutes, due to their close proximity to Family Housing.

Campus Security provides a 24-hour a day service, responding to a variety of situations such as, but not limited to:

- Fire, mechanical and intrusion alarms
- Noise complaints
- Medical emergencies (Security Officers are trained to OFA Level 2 standard)
- Access requests
- Lost/missing children
- Suspicious persons
- Cougar sightings
- Reports of theft or damage to property
- Parking issues
- Reports of break and enter

Campus Security's Personal Safety Coordinators Allison Eddy and Fiona Puszkas are available to answer any questions regarding safety and security on campus. Their phone number is 250-721-8981, email is psc@uvic.ca.



Join us at McKinnon Pool
for a Toonie Swim

Sunday June 18
12:00-3:00 pm

- * An adult must be with children 13 years and under.
- * Children 6 years and under need an adult within arm's reach in the pool.
- * Adult and child sized lifejackets provided.
- * No charge for children 5 years and under.
- * One Double lane available for lap swimming.



Programs and Events

Family Learn and Share

On Monday mornings from **10:00am-12:00pm** the Family Centre hosts a drop-in program for families to interact and learn from one another. Each week there is a designated focus topic and facilitator.

- June 5th Public Health Nurse. Please email Jane if you wish to set up immunization appointments. jane.wismer@viha.ca
- June 12th Storytime with Delia Filipescu (GVPL)
- June 19th tba
- June 26th Public Health Nurse. Please note that Jane will not be with us in July or August. Her next visit will be September 18th.

Early Learning Program:

Families are welcome to this drop-in program that runs on **Wednesday from 1:30pm-3:00pm and Friday mornings from 10:00am-12:00pm**. Learning through play is encouraged in an environment that promotes children's inherent love of learning and sense of wonder. Each morning session concludes with a storytime with songs/music as well as an opportunity for outdoor play.

Tuesday Food Program:

On Tuesday evening from about 5:30pm, food donations from the Mustard Seed are available for pick up outside the Family Centre. There is often fruit, veg, bread, and other items. Bring a bag and pick up some groceries from your family.

After School Club:

School Aged Kids (Grades 1-6) are invited to the Family Centre's After School Club on **Thursdays from 3:30 - 5:00 pm**. We will be doing a variety of activities each week. These might include outdoor games like soccer, tag, and croquet, as well as puzzles, projects, board games, talent shows and crafts. **Please make sure your kids are dressed for the outdoors.**

Book Club:

The Family Centre has a book club that meets on **the third Thursday of each month** to discuss a novel chosen by the group. If you enjoy reading and would like to get together with others please come along. To find out more join our Facebook group or send us an email at familyhousingbookclub@gmail.com.

Thursday Drop-in:

Please note that for the month of June there will be no Conversation and Coffee Club. Instead there will be an informal drop-in playgroup during the same hours, 1-2:30pm.

Community Events



Van Isle Comic Con, Mary Winspear Centre, Sidney, June 11, 10am-8pm.

Van Isle Con is a fun and enthusiastic comic book convention "filling a nerdy void on Vancouver Island." Artists, Cosplay Contest, Demos, Panels and a special surprise guest will make up a full day of entertainment and activities.

Aboriginal Cultural Festival 2017, Royal BC Museum, June 16-18, 11am-6pm.

The Festival will see more than 25 performers grace the main stage, celebrating the diverse traditional and modern cultures of Nations from across British Columbia. The festival will also feature an Authentic Indigenous Arts Marketplace and an outdoor dining area where visitors can sample and purchase a wide variety of traditional and modern fare including West Coast clam chowder, fry-bread, and BBQ sockeye salmon.

TD International JazzFest. Various Locations in Victoria. June 23-July 2.

The TD Victoria International JazzFest is a ten-day music festival featuring the jazz, blues and world music of local, Canadian, and internationally acclaimed musicians. Some free performances will take place on the Saturdays and Sundays in Centennial Square. Check <http://jazzvictoria.ca/schedule/> for more details.